

September 25-27th **2025**

26th Congress of the European Federation of Autonomic Societies



PROGRAM

www.efas2025.com

TOULOUSE

Thursday 25 September

EFAS School

Room 15 – Centre enseignement et congrès - Hopital Pierre-Paul Riquet - CHU Purpan

13:00 - 14:00	Registration
14:00 - 14:10	Welcome Alessandra Fanciulli (Austria) - Giacomo Chiaro (United Kingdom)
14:10 - 14:50	EFAS school part 1
	<i>Anatomy and physiology of the ANS</i> - Diogo Carneiro (Portugal)
	<i>Fundamentals of cardiovascular and sudomotor tests</i> - Walter Struhal (Austria)
15:00 - 17:15	<ol style="list-style-type: none"> 1. <i>Tilt-table test</i> - Roland Thijs (The Netherlands) 2. <i>Bed side evaluation and Schellong test</i> - Cristian Falup-Pecurariu (Romania) and Giacomo Chiaro (United Kingdom) 3. <i>Sudomotor testing - QSART</i> - Mario Habek (Croatia) 4. <i>Neuro- Urological assessment</i> - Claire Hentzen and Evelyne Castel-Lacanal (France) 5. <i>Sexual assessment</i> - Ivan Adamec (Croatia)
17:15 - 17:30	Coffee break
17:30 - 18:30	Master class - <i>Discussion of clinical cases</i> - Walter Struhal (Austria) - Giacomo Chiaro (United Kingdom)
18:30 - 19:00	EFAS council meeting

Friday 26 September

07:30 - 8:45	Registration
08:45 - 9:00	Opening: Roland Thijs - Alessandra Fanciulli - Anne Pavy-Le Traon
09:00 - 10:30	EAN/INUS/EFAS Session
	Chairs : Alessandra Fanciulli (Austria) and Jalesh Panicker (United Kingdom)
9:00 - 9:10	<i>The EAN Brain Health mission: an overview</i> - Nathalie Nasr (France)
9:10 - 9:30	EFAS Presidential lecture <i>Improving autonomic healthcare provision</i> - Alessandra Fanciulli (Austria)
9:30 - 9:50	EFAS/INUS/EAN NeuroGed guidelines: <i>Key outcomes for neurologists</i> - Jalesh Panicker (United Kingdom)
9:50 - 10:05	<i>The autonomic unit project</i> - Mario Habek (Croatia)
10:05 - 10:20	<i>Autonomic Nervous System education in Europe: EAN/EFAS/INUS survey on curricula and skills in autonomic medicine of European neurology residents and consultants</i> - Diogo Carneiro (Portugal)
10:20 - 10:30	Discussion
10:30 - 11:00	Coffee break
11:00 - 12:30	Session 2: <i>The autonomic borderlands</i>
	Chairs: Roland Thijs (The Netherlands) and Alexandre Bisdorff (Luxemburg)
11:00 - 11:15	<i>Sleep apnea, impaired cardiac autonomic control, and metabolic syndrome: a tricky relationship</i> - Frederic Roche (France)
11:15 - 11:30	<i>The autonomic manifestations of epilepsy</i> - Roland Thijs (Netherlands)
11:30 - 11:45	<i>Between vertigo and orthostatic dizziness</i> - Alexandre Bisdorff (Luxemburg)
11:45 - 12:00	<i>ANS and sleep in neurodegenerative disorders: what's new?</i> - Luca Baldelli (Italy)
12:00 - 12:10	Discussion
12:10 - 12:30	3 short communications and discussion <i>Autonomic failure in patients with IgLON 5 disease: broadening the spectrum.</i> - Judith Navarro-Otano (Spain) <i>Inferring Alpha-Synuclein Pathology From Emotional Valence and 3D Kinematics in Varied Phenotypes of REM Sleep Behavior Disorders</i> - Siwar Bouden (France) MSA coalition Award <i>The effect of head-up tilt sleeping on supine hypertension and orthostatic hypotension in Parkinson's disease and multiple system atrophy</i> - Amber Van Der Stam (The Netherlands)

Friday 26 September Afternoon session

12:30 - 14:30	Lunch – Poster tour 13:15 - 14:15
14:30 - 15:45	Session 3 : Diabetes and metabolic disorders - Small fiber neuropathies Chairs: Astrid Juhl Terkelsen (Denmark) and Max Hilz (Germany)
14:30 - 14:45	<i>Autonomic failure in diabetes – an overview - Max Hilz (Germany)</i>
14:45 - 15:00	<i>Update on diabetes treatment what are the benefits for autonomic neuropathy: - Helène Hanaire (France)</i>
15:00 - 15:15	<i>How to better manage small fiber diabetic neuropathies - Astrid Juhl Terkelsen (Denmark)</i>
15:15 - 15:25	Discussion
15:25 - 15:45	3 short communications and discussion <i>Multimodal autonomic assessment in patients with Sjögren's Syndrome</i> - Francesca Masciarelli (United Kingdom) Finapres Award <i>Clinical characteristics and trajectory of cardiovascular autonomic disorders following COVID-19 infection or vaccination - Fabian Leys (Austria) CNSsystems Award</i> <i>Rapid cognitive processing under orthostatic challenge unmasks impaired autonomic reserve in people with multiple sclerosis - Magdalena Krbot Skoric (Croatia)</i>
15:45 - 16:15	Coffee break
16:15 - 17:20	Session 4: How does the ANS respond to extreme environments Chairs : Jacques-Olivier Fortrat (France) - Jens Jordan (Germany)
16:15 - 16:20	Introduction: A brief overview of the current context of human spaceflight - Jens Jordan (Germany)
16:20 - 16:35	<i>To the moon and back: The autonomic nervous system in space-Space to clinic</i> Anne Pavy-Le Traon (France)
16:35 - 16:50	<i>CV regulation by the ANS: Which constraints in hypergravity and which use for training in extreme situations? Pierre Fabries (France)</i>
16:50 - 17:00	Discussion
17:00 - 17:20	3 short communications and discussion <i>Orthostatic intolerance in hypermobile Ehlers-Danlos: Functional brain signature during lower body negative pressure - Jorge Manuel (Germany)</i> <i>Only Standing Baroreflex Sensitivity Predicts Mortality in Healthy Elderly Men: Findings from the PROOF Study - Vincent Pichot (France)</i> <i>Connectivity alterations of the Central Autonomic Network in Multiple Sclerosis: Relationship with fatigue severity and aerobic training effects - Giorgio Guido (Italy)</i>
17:20 - 18:00	Session 5: Update in the management of autonomic disorders - Take home messages Chairs: Cristian Falup-Pecurariu (Romania) and Beatrice Duly-Bouhanick (France)
17:20 - 17:30	<i>Management of neurogenic orthostatic hypotension: what's new? Valeria Iodice (United Kingdom)</i>
17:30 - 17:40	<i>Management of primary hyperhidrosis Laurent Misery (France)</i>
17:40 - 17:50	Discussion
18:00 - 18:30	EFAS General assembly
20:00	Gala dinner (Hotel Dieu -St Jacques)

Saturday 27 September

9:00 - 10:15	Session 6: ANS and Neuromodulation Chairs : Philippe Maury (France) and Michele Brignole (Italy)
9:00 - 9:15	<i>Interventional treatments in Hypertension targeting the autonomic nervous system</i> - Jens Jordan (Germany)
9:15 - 9:30	<i>Hope hype or reality of cardio neuroablation in reflex syncope</i> - Michele Brignole (Italy)
9:30 - 9:45	<i>Vagal nerve stimulation and prognosis of acute cerebral lesions: data from experimental and clinical studies</i> Nathalie Nasr (France)
9:45 - 9:55	Discussion
9:55 - 10:15	3 short communications and discussion: <i>Autonomic-syncope admissions: current practice and influencing factors</i> - Thomas Boel (The Netherlands) <i>Characterization and staging of cardiovascular autonomic failure in AL amyloidosis</i> - Francesca Vitali (United Kingdom) <i>Heart Rate Variability Provides Prognostic value in Multiple System Atrophy</i> - Paulo Bastos (France)
10:15 - 11:10	Session 7: Alpha-synucleopathies Chairs : Iva Stankovic (Serbia) and Mario Habek (Croatia)
10:15 - 10:30	<i>Diagnostic and progression biomarkers in alpha-synucleopathies: How to navigate towards disease modification</i> - David Bendetowicz (France)
10:30 - 10:45	<i>When autonomic symptoms guide the diagnosis of a movement disorder</i> - Iva Stankovic (Serbia)
10:45 - 11:00	<i>The gut in Parkinson's disease: Bottom-up, top-down, or neither?</i> Pascal Derkinderen (France)
11:00 - 11:10	Discussion
11:10 - 11:40	Coffee break
11:40 - 12:55	Session 8: Can we already modify the disease course in autonomic disorders...yes, no or maybe? – Take Home messages Chairs: Valeria Iodice (United Kingdom) and Pietro Guaraldi (Italy)
11:40 - 11:55	<i>Immune-mediated autonomic failure</i> Giacomo Chiaro (United Kingdom)
11:55 - 12:10	<i>Amyloid neuropathy</i> Pietro Guaraldi (Italy)
12:10 - 12:25	<i>Multiple System Atrophy</i> Margherita Fabbri (France)
12:25 - 12:35	Discussion
12:35 - 12:55	3 short communications and discussion: <i>Postprandial hypotension in multiple system atrophy and Parkinson's disease - A retrospective study</i> - Bianca Calio (Austria) MSA coalition Award <i>Brainstem volumetry as a biomarker in alpha-synucleinopathies - an MR imaging study in disorders with autonomic failure</i> - Laura Sander (United Kingdom) <i>Autonomic Dysfunction in MS Is Linked to Altered Expression of Neuroimmune Receptors on Lymphocytes and NK Cells</i> - Mašan Sredanovi (Croatia)
13:00	Awards – Closing ceremony