

September 25-27<sup>th</sup> **2025**

# 26<sup>th</sup> Congress of the European Federation of Autonomic Societies



## PROGRAM

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# TOULOUSE

#### Thursday 25 September

##### EFAS School

Room 15 – Centre enseignement et congrès - Hopital Pierre-Paul Riquet - CHU Purpan

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|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 13:00 - 14:00   | Registration                                                                                                                                                                                                                                  |
| 14:00 - 14:10   | Welcome <b>Alessandra Fanciulli</b> (Austria) - <b>Giacomo Chiaro</b> (United Kingdom)                                                                                                                                                        |
| 14:10 - 14:50   | EFAS school part 1                                                                                                                                                                                                                            |
|                 | <i>Anatomy and physiology of the ANS</i> - <b>Diogo Carneiro</b> (Portugal)                                                                                                                                                                   |
|                 | <i>Fundamentals of cardiovascular and sudomotor tests</i> - <b>Walter Struhal</b> (Austria)                                                                                                                                                   |
| 15:00 - 17:15   | 1. <i>Tilt-table test</i> - <b>Roland Thijs</b> (The Netherlands)<br>2. <i>Bed side evaluation and Schellong test</i> - <b>Cristian Falup-Pecurariu</b> (Romania) and <b>Giacomo Chiaro</b> (United Kingdom)                                  |
| 15:50 - 16:05 : | Coffee break                                                                                                                                                                                                                                  |
|                 | 3. <i>Sudomotor testing</i> - QSART - <b>Mario Habek</b> (Croatia)<br>4. <i>Neuro- Urological assessment</i> - <b>Claire Hentzen</b> and <b>Evelyne Castel-Lacanal</b> (France)<br>5. <i>Sexual assessment</i> - <b>Ivan Adamec</b> (Croatia) |
| 17:30 - 18:30   | Master class - <i>Discussion of clinical cases</i> - <b>Walter Struhal</b> (Austria) - <b>Giacomo Chiaro</b> (United Kingdom)                                                                                                                 |
| 18:30 - 19:00   | EFAS council meeting                                                                                                                                                                                                                          |

#### Friday 26 September

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| 07:30 - 8:45  | Registration                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 08:45 - 9:00  | Opening: <b>Roland Thijs</b> - <b>Alessandra Fanciulli</b> - <b>Anne Pavy-Le Traon</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 09:00 - 10:30 | EAN/INUS/EFAS Session<br>Chairs : <b>Alessandra Fanciulli</b> (Austria) and <b>Jalesh Panicker</b> (United Kingdom)                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 9:00 - 9:10   | <i>The EAN Brain Health mission: an overview</i> - <b>Nathalie Nasr</b> (France)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 9:10 - 9:30   | EFAS Presidential lecture <i>Improving autonomic healthcare provision</i> - <b>Alessandra Fanciulli</b> (Austria)                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 9:30 - 9:50   | EFAS/INUS/EAN NeuroGed guidelines: <i>Key outcomes for neurologists</i> - <b>Jalesh Panicker</b> (United Kingdom)                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 9:50 - 10:05  | <i>The autonomic unit project</i> - <b>Mario Habek</b> (Croatia)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 10:05 - 10:20 | <i>Autonomic Nervous System education in Europe: EAN/EFAS/INUS survey on curricula and skills in autonomic medicine of European neurology residents and consultants</i> - <b>Diogo Carneiro</b> (Portugal)                                                                                                                                                                                                                                                                                                                                                               |
| 10:20 - 10:30 | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 10:30 - 11:00 | Coffee break                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 11:00 - 12:30 | Session 2: <i>The autonomic borderlands</i><br>Chairs: <b>Roland Thijs</b> (The Netherlands) and <b>Alexandre Bisdorff</b> (Luxemburg)                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 11:00 - 11:15 | <i>Sleep apnea, impaired cardiac autonomic control, and metabolic syndrome: a tricky relationship</i> - <b>Frederic Roche</b> (France)                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 11:15 - 11:30 | <i>The autonomic manifestations of epilepsy</i> - <b>Roland Thijs</b> (Netherlands)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 11:30 - 11:45 | <i>Between vertigo and orthostatic dizziness</i> - <b>Alexandre Bisdorff</b> (Luxemburg)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 11:45 - 12:00 | <i>ANS and sleep in neurodegenerative disorders: what's new?</i> - <b>Luca Baldelli</b> (Italy)                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 12:00 - 12:10 | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 12:10 - 12:30 | 3 short communications and discussion<br><i>Autonomic failure in patients with IgLON 5 disease: broadening the spectrum.</i> <b>Judith Navarro-Otano</b> (Spain)<br><i>Inferring Alpha-Synuclein Pathology From Emotional Valence and 3D Kinematics in Varied Phenotypes of REM Sleep Behavior Disorders</i> - <b>Siwar Bouden</b> (France) <b>MSA coalition Award</b><br><i>The effect of head-up tilt sleeping on supine hypertension and orthostatic hypotension in Parkinson's disease and multiple system atrophy</i> - <b>Amber Van Der Stam</b> (The Netherlands) |

#### Friday 26 September Afternoon session

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| 12:30 - 14:30 | Lunch – Poster tour 13:15 - 14:15                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 14:30 - 15:45 | <b>Session 3 : Diabetes and metabolic disorders - Small fiber neuropathies</b><br>Chairs: <b>Astrid Juhl Terkelsen</b> (Denmark) and <b>Max Hilz</b> (Germany)                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 14:30 - 14:45 | <i>Autonomic failure in diabetes – an overview - <b>Max Hilz</b> (Germany)</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 14:45 - 15:00 | <i>Update on diabetes treatment what are the benefits for autonomic neuropathy: - <b>Helène Hanaire</b> (France)</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 15:00 - 15:15 | <i>How to better manage small fiber diabetic neuropathies - <b>Astrid Juhl Terkelsen</b> (Denmark)</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 15:15 - 15:25 | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 15:25 - 15:45 | <b>3 short communications and discussion</b><br><i>Multimodal autonomic assessment in patients with Sjögren's Syndrome</i><br>- <b>Francesca Masciarelli</b> (United Kingdom) <b>Finapres Award</b><br><i>Clinical characteristics and trajectory of cardiovascular autonomic disorders following COVID-19 infection or vaccination - <b>Fabian Leys</b> (Austria) <b>CNSsystems Award</b></i><br><i>Rapid cognitive processing under orthostatic challenge unmasks impaired autonomic reserve in people with multiple sclerosis - <b>Magdalena Krbot Skoric</b> (Croatia)</i> |
| 15:45 - 16:15 | Coffee break                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 16:15 - 17:20 | <b>Session 4: How does the ANS respond to extreme environments</b><br>Chairs : <b>Jacques-Olivier Fortrat</b> (France) - <b>Jens Jordan</b> (Germany)                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 16:15 - 16:20 | Introduction: A brief overview of the current context of human spaceflight - <b>Jens Jordan</b> (Germany)                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 16:20 - 16:35 | <i>To the moon and back: The autonomic nervous system in space-Space to clinic</i><br><b>Anne Pavy-Le Traon</b> (France)                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 16:35 - 16:50 | <i>CV regulation by the ANS: Which constraints in hypergravity and which use for training in extreme situations? <b>Pierre Fabries</b> (France)</i>                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 16:50 - 17:00 | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 17:00 - 17:20 | <b>3 short communications and discussion</b><br><i>Orthostatic intolerance in hypermobile Ehlers-Danlos: Functional brain signature during lower body negative pressure - <b>Jorge Manuel</b> (Germany)</i><br><i>Only Standing Baroreflex Sensitivity Predicts Mortality in Healthy Elderly Men: Findings from the PROOF Study - <b>Vincent Pichot</b> (France)</i><br><i>Connectivity alterations of the Central Autonomic Network in Multiple Sclerosis: Relationship with fatigue severity and aerobic training effects - <b>Giorgio Guido</b> (Italy)</i>                 |
| 17:20 - 18:00 | <b>Session 5: Update in the management of autonomic disorders - Take home messages</b><br>Chairs: <b>Cristian Falup-Pecurariu</b> (Romania) and <b>Beatrice Duly-Bouhanick</b> (France)                                                                                                                                                                                                                                                                                                                                                                                        |
| 17:20 - 17:30 | <i>Management of neurogenic orthostatic hypotension: what's new? <b>Valeria Iodice</b> (United Kingdom)</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 17:30 - 17:40 | <i>Management of primary hyperhidrosis <b>Laurent Misery</b> (France)</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 17:40 - 17:50 | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 18:00 - 18:30 | <b>EFAS General assembly</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 20:00         | <b>Gala dinner (Hotel Dieu -St Jacques)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

#### Saturday 27 September

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| 9:00 - 10:15  | <b>Session 6: ANS and Neuromodulation</b><br>Chairs : <b>Philippe Maury</b> (France) and <b>Michele Brignole</b> (Italy)                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 9:00 - 9:15   | <i>Interventional treatments in Hypertension targeting the autonomic nervous system</i><br>- <b>Jens Jordan</b> (Germany)                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 9:15 - 9:30   | <i>Hope hype or reality of cardio neuroablation in reflex syncope</i> - <b>Michele Brignole</b> (Italy)                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 9:30 - 9:45   | <i>Vagal nerve stimulation and prognosis of acute cerebral lesions: data from experimental and clinical studies</i><br><b>Nathalie Nasr</b> (France)                                                                                                                                                                                                                                                                                                                                                                                                          |
| 9:45 - 9:55   | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 9:55 - 10:15  | <b>3 short communications and discussion:</b><br><i>Autonomic-syncope admissions: current practice and influencing factors</i> - <b>Thomas Boel</b> (The Netherlands)<br><i>Characterization and staging of cardiovascular autonomic failure in AL amyloidosis</i> - <b>Francesca Vitali</b> (United Kingdom)<br><i>Heart Rate Variability Provides Prognostic value in Multiple System Atrophy</i> - <b>Paulo Bastos</b> (France)                                                                                                                            |
| 10:15 - 11:10 | <b>Session 7: Alpha-synucleopathies</b><br>Chairs : <b>Iva Stankovic</b> (Serbia) and <b>Mario Habek</b> (Croatia)                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 10:15 - 10:30 | <i>Diagnostic and progression biomarkers in alpha-synucleopathies: How to navigate towards disease modification</i> - <b>David Bendetowicz</b> (France)                                                                                                                                                                                                                                                                                                                                                                                                       |
| 10:30 - 10:45 | <i>When autonomic symptoms guide the diagnosis of a movement disorder</i> - <b>Iva Stankovic</b> (Serbia)                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 10:45 - 11:00 | <i>The gut in Parkinson's disease: Bottom-up, top-down, or neither?</i> <b>Pascal Derkinderen</b> (France)                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 11:00 - 11:10 | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 11:10 - 11:40 | Coffee break                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 11:40 - 12:55 | <b>Session 8: Can we already modify the disease course in autonomic disorders...yes, no or maybe? – Take Home messages</b><br>Chairs: <b>Valeria Iodice</b> (United Kingdom) and <b>Pietro Guaraldi</b> (Italy)                                                                                                                                                                                                                                                                                                                                               |
| 11:40 - 11:55 | <i>Immune-mediated autonomic failure</i> <b>Giacomo Chiaro</b> (United Kingdom)                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 11:55 - 12:10 | <i>Amyloid neuropathy</i> <b>Pietro Guaraldi</b> (Italy)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 12:10 - 12:25 | <i>Multiple System Atrophy</i> <b>Margherita Fabbri</b> (France)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 12:25 - 12:35 | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 12:35 - 12:55 | <b>3 short communications and discussion:</b><br><i>Postprandial hypotension in multiple system atrophy and Parkinson's disease - A retrospective study</i> - <b>Bianca Calio</b> (Austria) <b>MSA coalition Award</b><br><i>Brainstem volumetry as a biomarker in alpha-synucleinopathies - an MR imaging study in disorders with autonomic failure</i> - <b>Laura Sander</b> (United Kingdom)<br><i>Autonomic Dysfunction in MS Is Linked to Altered Expression of Neuroimmune Receptors on Lymphocytes and NK Cells</i> - <b>Mašan Sredanovi</b> (Croatia) |
| 13:00         | <b>Awards – Closing ceremony</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |