

September 25-27th 2025

26th Congress of the European Federation of Autonomic Societies

Thursday 25 September

EFAS School

Room 15 – Centre enseignement et congrès - Hopital Pierre-Paul Riquet - CHU Purpan

13:00 - 14:00	Registration
14:00 -	Welcome Alessandra Fanciulli – Giacomo Chiaro
14:00 - 15:00	EFAS school part 1
	<i>Anatomy and physiology of the ANS</i> - Diogo Carneiro (Portugal)
	<i>Fundamentals of cardiovascular and sudomotor tests</i> - Walter Struhal (Austria)
15:00 - 17:15	EFAS school part 1 - Hands-on: 1. <i>Tilt-table test</i> - (Finapres device) Roland Thijs (The Netherlands) 2. <i>Bed side evaluation and Schellong test</i> - Cristian Falup-Pecurariu (Romania) 3. <i>Sudomotor testing - QSART</i> - Mario Habek (Croatia) 4. <i>Neuro- Urological assessment</i> - Claire Hentzen and Evelyne Castel-Lacanal (France) 5. <i>Sexual assessment</i> - Ivan Adamec (Croatia)
17:15 - 17:30 :	Coffee break
17:30 - 18:30	Master class - <i>Discussion of clinical cases</i> - Walter Struhal
18:30 - 19:00	EFAS council meeting

Friday 26 September

08:45 - 9:05	Opening: Roland Thijs - Alessandra Fanciulli - Anne Pavy-Le Traon
09:05 - 10:50	EAN/INUS/EFAS Session Chairs : Elena Moro (France) and Alessandra Fanciulli (Austria)
9:05 - 9:30	<i>The EAN Brain Health mission</i> - Elena Moro (France)
9:30 - 9:50	EFAS Presidential lecture “Improving autonomic healthcare provision” - Alessandra Fanciulli (Austria)
9:50 - 10:10	EFAS/INUS/EAN NeuroGed guidelines: key outcomes for neurologists - Jalesh Panicker (United Kingdom)
10:10 - 10:30	<i>The autonomic unit project</i> - Mario Habek (Croatia)
10:30 - 10:50	<i>Autonomic Nervous System education in Europe: EAN/EFAS/INUS survey on curricula and skills in autonomic medicine of European neurology residents and consultants</i> - Diogo Carneiro (Portugal)
10:50 - 11:20	Coffee break
11:20 - 13:00	Session 2: <i>The autonomic borderlands</i> Chairs: Roland Thijs (The Netherlands) and Alexandre Bisdorff (Luxemburg)
11:20 - 11:40	<i>Sleep apnea, impaired cardiac autonomic control, and metabolic syndrome: a tricky relationship</i> Frederic Roche (France)
11:40 - 12:00	<i>The autonomic manifestations of epilepsy</i> - Roland Thijs (Netherlands)
12:00 - 12:20	<i>Between vertigo and orthostatic dizziness</i> - Alexandre Bisdorff (Luxemburg) (TBC)
12:20 - 12:40	<i>When autonomic symptoms guide the diagnosis of a movement disorder</i> - Iva Stankovic (Serbia)
12:40 - 13:00	2 short (10 min) presentations

Friday 26 September Afternoon session

13:00 - 14:30	Lunch – Poster tour (or e poster)
14:30 - 16:00	Session 3 : Diabetes and metabolic disorders Chairs: Astrid Juhl Terkelsen (Denmark) and Max Hilz (Germany)
14:30 - 14:50	<i>Autonomic failure in diabetes – an overview - Max Hilz (Germany)</i>
14:50 - 15:10	<i>Update on diabetes treatment what are the benefits for autonomic neuropathy: - Helène Hanaire (France)</i>
15:10 - 15:30	<i>How to better manage small fiber diabetic neuropathies - Astrid Juhl Terkelsen (Denmark)</i>
15:30 - 16:00	3 short presentations
16:00 - 16:20	Coffee break
16:20 - 17:40	Session 4: How does the ANS respond to extreme environments & sport Chairs : Gianfranco Parati (Italy) - Jacques-Olivier Fortrat (France)
16:20 - 16:40	<i>EFAS Legend lecture To the moon and back: the autonomic nervous system in space-Space to clinic Anne Pavy-Le Traon (France)</i>
16:40 - 17:00	<i>ANS and hypergravity Pierre Fabries (France)</i>
17:00 - 17:20	<i>Cardiovascular effects of high altitude exposure - Gianfranco Parati (Italy)</i>
17:20 - 17:40	2 short presentations
17:40 - 18:30	<i>Update in the management of autonomic disorders</i> Chairs: Cristian Falup-Pecurariu (Romania) and Beatrice Duly-Bouhanick (France)
17:40 - 17:55	<i>Management of neurogenic orthostatic hypotension: what's new? Valeria Iodice (United Kingdom)</i>
17:55 - 18:10	<i>Management of primary hyperhidrosis Laurent Misery (France)</i>
18:10 - 18:30	2 short presentations
18:30 - 19:00	EFAS General assembly

Saturday 27 September

9:00 - 10:20	Session 5: ANS and Neuromodulation Chairs : Philippe Maury (France) and Michele Brignole (Italy)
9:00 - 9:20	<i>From pathophysiology of the autonomic nervous system to renal denervation: which clinical applications in hypertension? - Atul Pathak (Monaco)</i>
9:20 - 9:40	<i>Hope hype or reality of cardio neuroablation in reflex syncope: Michele Brignole (Italy)</i>
9:40 - 10:00	<i>Vagal nerve stimulation and TBI prognosis: data from experimental and clinical studies Nathalie Nasr (France)</i>
10:00 - 10:20	2 short presentations
10:20 - 10:40	Coffee break
10:40 - 12:10	Session 6: Alpha-synucleopathies Chairs : Iva Stankovic (Serbia) and Mario Habek (Croatia)
10:40 - 11:00	<i>Diagnostic and progression biomarkers in alpha-synucleopathies: how to navigate towards disease modification - David Bendetowicz (France)</i>
11:00 - 11:20	<i>ANS and sleep in neurodegenerative disorders: what's new? Luca Baldelli (Italy)</i>
11:20 - 11:40	<i>The gut in Parkinson's disease: Bottom-up, top-down, or neither? Pascal Derkinderen (France)</i>
11:40 - 12:10	3 short communications
12:10 - 12:55	<i>Can we already modify the disease course in autonomic disorders...yes, no or maybe?</i> Chairs: Valeria Iodice (United Kingdom) and Pietro Guaraldi (Italy)
12:10 - 12:25	<i>Immune-mediated autonomic failure Giacomo Chiaro (United Kingdom)</i>
12:25 - 12:40	<i>Amyloid neuropathy Pietro Guaraldi (Italy)</i>
12:40 - 12:55	<i>Multiple System Atrophy Margherita Fabbri (France)</i>
13:00	Awards – Closing ceremony